

Scarborough 350th



5K Run/Walk

Friday July 11, 2008 – 6:30pm

Kids' 1 Mile Race(13&under)-6:00pm

Scarborough HS Complex

- Pre-Registration:** Mail registration form to: Scarborough Track Club
105 Maple Ave, Scarborough, Maine 04074
- Online Registration: www.active.com/event_detail.cfm?event_id=1591226
- Cost:** 5K Race - \$15 (short sleeve t-shirt to each registration before Friday, July 11)
Kids' 1 Mile Race - \$10 (short sleeve t-shirt to each registration before Friday July 11)
- Proceeds to benefit:** Scarborough Track and Cross Country Programs
- Race Day Registration:** \$15-5K 1Mile-\$10 4:00-6:00pm SHS Tennis Courts
- Awards:** Kids Race-Medal to each finisher, Plaque to 1st male and female finisher.
5K Race- Awards to be drawn from a great selection.
- Age Groups-5K:** Medals to Top 3 places in each age group:14 & under,15-18, 19-29, 30-39, 40-49, 50- 59,60-69, 70 and older. Open Overall – Male and Female
- RaceSanctioned:** Maine USATF
- Start/Finish:** Near the Scarborough Library>loop in back of Bessworth>left onto Gorham Rd-Rt.114>left on Sawyer Rd>left on sidewalk on Rt. 1>left into Town Hall entrance>left on sidewalk-Gorham Rd>left into Wentworth School entrance to finish.
- Direction/Location:** **From South:** Me Turnpike Scarborough Exit 6, Straight through light, left onto US Rt1 north, turn left at Town Hall/HS entrance, parking to your right.
From North: I295 south take exit 2 Scarborough/OOB, merge USRt1 south at 4th light, turn right into HS/Town Hall entrance, parking to your right
- Race Management:** Scarborough Track Club
E-mail questions to Ron Kelly: rkelly01@maine.rr.com

First Name _____ Last Name _____ Please Print

Address _____ City _____ Zip _____

Tel _____ Date of Birth _____ Sex _____ E-mail _____

5K Race T- Shirt: AS _____ AM _____ AL _____ AXL _____

Kids 1Mile Race(13 & under) T-Shirt: YS _____ YM _____ YL _____ AS _____ AM _____ AL _____

Pre-Registration - \$15-5K Race \$10-1Mile Kids Race Same fees at Race Day

Checks Payable to: Scarborough Track Club

Mail to: Scarborough Track Club, 105 Maple Ave, Scarborough, Maine 04074

I understand that running a road race is potentially hazardous activity. I further understand that I should not enter the road race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to, falls, contact with other participants, the effects of the weather, including high heat/ or humidity, traffic, and conditions of the road, all such risks being understood and appreciated by me. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, wave and release the Scarborough Track and XC Boosters, Town of Scarborough, and all its sponsors, their representatives and successors from any claims or liabilities or causes of action of any kind arising out of my participation in this event.

Signature _____ Date _____ Race # ISSUED _____